

<p>JUICE BAR - Fresh juiced to order  <b>ORGANIC SMOOTHIES (20 OZ)</b>  Banana - Blueberry .... Banana - Strawberry  Banana - Cherry .... Banana - Raspberry  Banana - Peach .... Banana Papaya  Banana-Mango .... Banana-Pineapple  <b>VEGETABLE &amp; FRUIT JUICES (16OZ)</b>  Organic Carrot Juice  Organic Carrot-Beet  Organic Carrot-Beet-Celery  Organic Carrot-Celery  Green Drink  Celery zucchini, cucumber &amp; cabbage  Fresh Made Orange Juice  Fresh Pressed Organic Apple Juice  Wheatgrass (1Oz)  <b>ADD TO ANY DRINK</b>  Protein or Spirulina .... Lecithin ....  Green Magma  Greens+ ..... Synergy .... Calcium Plant .... Acai  Oat Bran .... Aloe .... Flax Seed Oil .... Ginger or Garlic  Flax Meal .... Peanut Butter .... Chia Seeds</p>	<p><b>SALADS</b></p> <p>Fresh Garden Salad  Mixed greens and fresh vegetables  Dressings:  Miso Key lime vinaigrette Sesame tahini</p> <p>Hummus Salad  Hummus on a bed of mixed greens with tomato and lettuce with whole grain pizza bread</p> <p>Marinated Sundried Tomato Salad  Artichoke hearts, tofu, sundried tomato &amp; vegetables on greens with whole grain pizza bread</p> <p>Grilled Tempeh Salad (or Tofu)  Savory tofu, hearts of palm, avocado and vegetables on greens with whole grain pizza bread</p> <p>Pesto Salad  Baby greens, green leaf lettuce &amp; vegetables with vegan pesto, grilled tofu &amp; pizza bread</p>	<p><b>SANDWICHES &amp; ENTREES</b></p> <p>Peaceful Tempeh  Tempeh, avocado and cranberry sauce on multigrain bread, with soy mayo, mixed greens and fresh veggies, served with a salad</p> <p>Pesto Rice  Brown rice with vegan pesto, grilled tofu slices, and a salad</p> <p>Marinated Tempeh Sandwich  Savory tempeh on whole grain bakery bread with vegan tartar sauce, and a salad</p> <p>Grilled Tofu  Served on organic rice or a whole grain roll with tahini sauce and a salad</p> <p>Vegetarian Italian Sub  Soy deli slices, soy salami on multi-grain bread with mixed greens, dill pickle, and soy mayo</p> <p>Veggie Burger  On a whole grain roll with a savory soy mayo, tomato, and mixed greens served with a salad  Extra  Soy cream cheese Fakin bacon</p>	<p>Italian Veggie Sausage  Sundried tomato soy sausage on a multi-grain roll or on rice with tomato sauce, served with a salad</p> <p>Creamy Hummus  Chickpea pate with tahini on multi-grain bread with mixed greens &amp; tomato</p> <p>Extra  Sudried tomatoes .... Avocado</p> <p>Fit  Fakin' bacon (soy), lettuce, and tomato on whole grain bread with soy mayo</p> <p>Tofurky Sub  Tofu turkey, soy mayo, and cranberry sauce served on multi-grain bread with mixed greens and vegetables</p> <p>Smokey Tempeh Sandwich  Smokey tempeh strips on whole grain bread with savory soy mayo &amp; a salad</p> <p>Organic Peanut Butter  With organic jelly on whole grain bread</p> <p>Veggie Hot Dog  On whole grain bun with stone ground mustard</p>
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